

16th March 2010

Volunteering at AHCM

Another Hope Children Ministries (AHCM) wish to receive you as a volunteer.

AHCM is a Christian registered organization (number S.5914/8153). The mission of AHCM is *"To Glorify God by meeting the spiritual and physical needs of the children in Uganda."*

Currently the organization has a capacity of 60 children ranging from 1-22 years both boys and girls of which 3 children have been confirmed HIV positive and are receiving treatment in one of the HIV clinics in Uganda.

Ms. Nambowa Ruth Bulyaba who is called mummy by the children is the Director and Founder of the organization and she has an interesting story of why she started the organization. She works with a team of other people like Ester the Social welfare for children and volunteers, a care taker Hamidah who does the supervision of the children, Annet the cook, Geoffrey Finance and Administration, Rita the Project coordinator and the Music teachers that come once in a while, Jane the Ass Administrator, Mustafa the Farm Manager and Pr. Kamoga, the Children's Pastor plus AHCM Board who give support to the Director in various aspects.

Airport Pick Up.

While you can easily hire a private taxi (called "Special Hires" in Uganda) just outside the airport for about 40,000 Ugandan Shillings to take you into Kampala and then another for 20,000 to come to Another Hope. Another Hope is happy

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to pick you up from the airport for we believe that welcoming you from the airport would be the best option none stressing and. Please be certain to e-mail the Director, Ruth, your exact flight information so that you will be met and greeted on arrival.

If you prefer Another Hope to arrange your pick up, you need to prepare \$30 and this will be the cost for your travel from the airport to the AHCM plus any other airport costs like parking.

The Project Environment

AHCM is located in Nansana East II Zone, a small town in Wakiso district it's around 7km. it's usually a 15-30min bus ride from the Kampala Old Taxi Park to Nansana.

Please be sure to bring sunscreen and anti-fungal cream or talc- it is a warm and moist environment! Also because of the rains, mosquito breed a lot so please carry a net with you to avoid suffering from malaria

Relating to the Children

The children will refer to you as "Auntie" (women) or "Uncle" (men) as a sign of respect. The children will respect your privacy, only entering your room with permission, but you'll find them to be affectionate, open and inquisitive.

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Food, Drink and Accommodation

You will be well fed in Uganda, whether vegetarian or omnivorous. The carbohydrate and protein content is typically high, but micro-nutrients and minerals may be less often found. In addition, sugar is expensive here. If you want to ensure optimal nutrition and taste, we recommend you bring your own vitamins and perhaps extra sugar to supplement what you'll receive here.

Be patient with the cuisine as some might be an acquired taste, but the majority of visitors leave Uganda fatter than when they arrived! All meals are provided at AHCM and are cooked with loving attention to detail by the adults. Meals might include a thick corn meal called posho, local beans, potatoes, roasted or fried chicken, pasta, greens, cabbage, bananas, salads with cucumbers, carrots, and tomatoes, porridge, mango, beef, peas, maize (corn), and a variety of other foodstuffs. Volunteers are expected to have the same meals with the children.

The water from the taps is not safe for consumption by westerners. We recommend you purchase water (in bottles or packets of bags), use a filter you've brought from home, or drink water that has been boiled and stored appropriately.

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AHCM is currently located in a rented compound, with large building and a boy's quarter. The children, care taker and Director stay in the main house while the volunteers and stay in the boy's quarters. You are expected to share a room with; the maximum number of people in a room is 2. The rooms have very nice beds and they are well ventilated. You share a room with other volunteers. Bed sheets are cleaned, pressed, and ready for your arrival. An untreated mosquito net is not provided so you are kindly requested to carry one. The house is locked for the night. The compound itself is gated and locked.

A luxury in Uganda, you'll have shared access to a pit latrine and a separate bathroom Toilet paper is thankfully provided but if you can carry some we appreciate. There's an electric kettle that you can use to prepare hot water in case you need it. We don't have hot showers but you'll come to understand the luxury of cold showers

The Nansana area doesn't face regularly power shortages. Some nights you might spend reading by candlelight and others you will spend watching movies - it all depends on the availability of electricity in Nansana, that night! Be sure to bring your own torch (flashlight) and extra battery cells!

You are expected to pay \$100 for your accommodation, food and toiletries. However booking in time is very necessary. However, there is an option for you to stay at a guest house and it costs around \$15-40 per night bed and breakfast. Feel free to make a choice

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Post

Our address is Another Hope Children's Ministries P.O. Box 28407, Kampala, Uganda, East Africa and your parcels or letters sent will be received.

E-mail

You can send email at Another Hope but the speed of internet varies according to time of the day. It doesn't cost you to use the internet at the children's home but if you feel you want to contribute towards the monthly cost that we pay you are welcome. We pay \$65 per month.

Telephone

A landline phone is available at AHCM which you can use. You'll find stalls around most towns and rural areas, where a landline telephone can be rented by the minute.

For your own phone communications, you can purchase a "sim card" in Uganda which enables your phone to work on their networks and allows for you to purchase additional minutes as they run out. The sim card costs 2000 Uganda shillings. We also lend cell phones to volunteers from Canada, USA & Australia whose cell phones can't work here.

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Donations

(Remember that donation is entirely an option, to volunteer you don't have to have donated, No! so please don't fear to volunteer because you have brought nothing).

Truly the greatest need at AHCM is fundraising as there are not many means for a home of this type to raise money in Uganda. Your monetary donation will be most welcome. Giving your donation in US Dollars with high denominations and recent dates is the best option (see section regarding monies above). Money donations to support food and nutrition are highly welcome.

Keep in mind that each volunteer arriving will read this same list. It might be helpful for you to contact the project director and the volunteer coordinator in advance and ask them if any of the items were recently brought.

You can choose to fundraise for the following projects:

- Expansion of the poultry Project
- Vegetable Garden
- Education
- Beddings
- Medical
- Farming Project to help have our own food

Email us to send you a list of items that you can bring if you get a chance.

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Expectations of Volunteers

The house schedule depends on whether children are in school or on holiday. A schedule has been developed to facilitate your visit and ensure your skills are efficiently utilized, however, if you find that you fill another niche not listed on the schedule, please be sure to talk to Ruth and change the schedule to match your skills and desires.

We don't have a static time table for any period. Actually normally we tend to change the time table every month and depending on the volunteer(s). So when you come you will find a table time which you look at and put in your input too, I think this works out well but you are free to advise.

Please if you have particular projects you want to accomplish, please let us know and we let you do it.

Thanks and looking forward to seeing you soon.

Yours truly,

Nambowa Ruth Bulyaba

Director Another Hope Children's Ministry

P.O Box 28407, Kampala, Uganda

www.anotherhope.org